

Kayla Itsines Review

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coverage of russian eurasian and east european issues

the routledge handbook of motherhood on screen offers a comprehensive global analysis of the representation of mothers and motherhood in contemporary screen industries and online spaces over five distinct sections this handbook examines how the complexities and

realities of contemporary motherhood are translated to the screen offering a full scholarly overview of the field this handbook provides a ground breaking and important contribution to our understanding of motherhood on screen the geographical and genre reach of the handbook presents new ways of theorising and reframing current scholarly debate and gives a wide ranging and comprehensive contribution to knowledge of on screen representations an international team of established scholars and emerging voices provide analysis of representations from around the world spanning a breadth of genres the chapters situate transnational screen representations of motherhood in the 21st century and assess the implications of contemporary representation of motherhood thoroughly challenging and expanding understandings of motherhood and mothers this handbook will be an essential multi faceted publication for researchers and students of film tv animation motherhood gender studies feminism ageing studies anthropology and sociology

this book examines the phenomenon of digital guru media dgm the self styled online influencers life coaches experts and entrepreneurs who post on the themes of wellness health and fitness it opens up new perspectives on digital leisure and internet celebrity culture and asks important questions about the social cultural and psychological implications of our contemporary relationship with digital media drawing on cutting edge social theory the book explores a wide range of contexts in which dgm intersects with digital leisure from the health related learning of young people to the clean eating movement to the online lives of fitness professionals it asks if digital and social media are problematic per se and explores the problems a turn to the internet could be revealing about the lack of real world or analogue support as well as potential solutions for our wellness health and fitness needs and wants bringing together innovative multi disciplinary perspectives this book is fascinating reading for anybody with an interest in leisure studies media studies cultural studies sociology or health and society

in the digital age numerous technological tools are available to enhance business processes when used effectively knowledge sharing and organizational success are significantly increased social media for knowledge management applications in modern organizations is a pivotal reference source for the latest research findings on the role of social media information technology and knowledge management in business today featuring extensive coverage on relevant areas such as digital business resource management and consumer behavior this publication is an ideal resource for managers corporate trainers researchers academics and students interested in emerging perspectives on social media for knowledge management applications

record levels of women are retiring in poverty the current figure is 1 in 6 in australia should we be surprised when women earn less than men shoulder the load when it comes to unpaid work at home and take more and longer breaks from paid work to have children the difference between a rich woman and a poor woman is very often financial literacy australia has a superannuation system the envy of many other countries in world and most of us don t understand it super school doesn t exist financial literacy as a wider topic has been taught in high schools since 2015 but somehow the crucial subject of superannuation is left out of the

mix rich woman poor woman addresses this knowledge gap well researched practical and written in an easy to read style rich woman poor woman explores what exactly is super and how it can work harder for you how to adopt super money habits and make a plan to achieve financial independence set and forget strategies to grow your super faster hacks for all ages women in their 20s 30s 40s 50s and 60s

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